

Reflection Journal for PBL Unit

The reflection journal is your opportunity to write about what you are gaining from the class activities, class assignments, and any other information important to share with your instructor.

The reflection journal is also designed to help you articulate higher order thinking skills, apply your learning to experiences in the classroom, and reflect on the results. You should consider your reflection journal an important component for expressing honestly and openly how you feel about the information that you are learning.

Directions: Use the left side for detailed entries and the right side for brief comments about the most important points for of the day.

Reflection Journal	
Name: Date:	
Reflection Comments Detailed--a dialogue of the day's events	Reflection Comments Summary—Key phrases and important points